

How to create Daily Prayers

1. **Find the words.** Ideally these can be taken from the weekly worship (up to about 10 lines for each prayer as a maximum). Weekly worship can be found at <https://www.churchofscotland.org.uk/worship/weekly-worship>. If you need additional material go to the Communications (N:) drive => Daily Prayers => old prayers for a folder of prayers that can be updated. You can also use uplifting bible quotes.
2. **Open a project in Canva at <https://www.canva.com/>** . Under 'Create a design' select 'Facebook Post'.
3. **Add text to your prayer.** From the far left-hand toolbar select 'Text' and then 'Add a heading'. Above the canvas select 'Raleway' as the font. Depending on the layout of the background you eventually choose you may want to change the font size, however, between 24 – 30 is recommended. Add the words to your prayer.
4. **Select a background.** Using the left-hand toolbar select 'Photos'. Search for something that is relevant to the prayer eg. mountains. Click on it to add it to your canvas and then adjust the size to fit the canvas.
5. **Bring the text to the front.** Above the canvas select 'Position' backward if to make sure the text appears in front of the background.
6. **Add a box behind the text if words need to be clearer.** To do this use the left-hand toolbar and select 'Elements'. Under 'shapes' select the square shape (the default colour is grey). To change the colour, click on the small box at the top left-hand side of the canvas and select the white option. To once again make sure the text is at the front select 'Position'.
7. **Download your prayer.** At the very top right-hand side of the page click the arrow pointing downwards and select 'Download'.